

30 Day Minimalist Game Tracking Sheet

During the 30 Day Minimalist Game, we will find things in our house that we no longer love or use. Each day you will increase the number of items to remove. Day one is one item, day two is two items, etc.

Here are some ideas to get you started: Under the kitchen sink; junk drawer; books & magazines ; coffee mugs; old socks; knick knacks and candle holders; unfinished craft projects that haunt you; extra craft supplies; clothes you never wear; small appliances not used; etc. Get Creative because 30 days is going to go by fast!

Day:	Area You Plan to Declutter	Date	Items Removed
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